

Beavers Cook Badge

Learn About Being Safe In The Kitchen

Safe In The Kitchen[©]

By Samantha Eagle

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Overview

For this task your group will do an activity that will help them gain knowledge on ways they can stay safe in the kitchen.

Preparation Before The Meeting

1. Print and cut out the images found in this document. You need one set for each team of two. Mix up each set and keep them together using a paperclip

Materials Needed

- 'Safe In The Kitchen' images

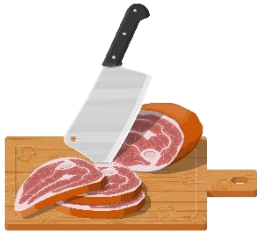
Preparation At The Meeting

1. None

Directions/Leader Speak

1. **Speak** - The next task you need to complete for your 'Cook' badge is to make sure you are safe in the kitchen. This includes not only if you are making food but if you are walking through the kitchen while someone else is cooking
2. **Speak** - I want you to get into teams of two. I'm going to give you all a set of pictures and labels. I want you to match the pictures with a label. The pictures and labels will give you ways that will help to keep you safe in the kitchen. For example, if you see a picture of the '**Kitchen Floor**', you could match this with the word '**Dry**'. Because you always want your floor to be dry so that you don't slip.
3. **Direction** - Hand out the sets of pictures and labels to each team and give them 15 minutes to match them. Go round and check them and if necessary, correct any you think need correcting.

‘Safe In The Kitchen’

Kitchen Floor 	Keep Dry
T-Towels 	Keep Dry
Knives 	Keep Sharp
Cutting Board 	Just For Raw Meat
Cutting Board 	Just For Vegetables
Hands 	Keep Clean
Feet 	Wear Shoes

Fire 	Learn How To Use A Fire Extinguisher
Sleeves 	Straight Sleeves (Not Floppy)
Concentrate 	Don't Rush
Clean Surface Spills 	Keep Clean & Dry
First Aid Kit 	Have One
Appliances – Don't Leave Unattended 	Turn Off
Hot Pans 	Wear Oven Gloves